

## FORT LEE BOYS BASKETBALL LEAGUE – FRESHMAN DIVISION

All games will be played under High School Rules with the following exceptions:

1. Each team will have six players designated as starters (A-Team) that cannot play in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.
2. **Game Time:** Five 8-minute quarters with stopped time at 2 minutes of the 5<sup>th</sup> quarter.
  - A. **Timeouts:** 5 total timeouts per team - 2 in 1<sup>st</sup> half (1<sup>st</sup>, 2<sup>nd</sup>) and 3 in 2<sup>nd</sup> half (3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>)
  - B. **Overtime:** 2 minutes running clock with 1 timeout per team. 2 OT's max.
3. **Fouls:** No personal fouls will be counted.
  - a. 5<sup>th</sup> team foul results in 2-FT shots. Team fouls reset each quarter.
4. **Full court press is NEVER allowed.**
5. **Half court press last 2 min of 5<sup>th</sup> quarter and OT.**
  - a. **Fast breaks allowed last 2 min of 5<sup>th</sup> and OT.**
6. **Defense** may NOT defend over 3-pt line.
7. **10 Point Rule (Excludes 5th quarter and playoffs):** A team that is 10 points ahead will insert their B-Team team until there is a 6-point difference.

## FORT LEE BOYS BASKETBALL LEAGUE – JV DIVISION

All games will be played under High School Rules with the following exceptions:

1. Each team will have six players designated as starters (A-Team) that cannot play in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.
2. **Game Time:** Five 8-minute quarters with stopped time at 2 minutes of the 5<sup>th</sup> quarter.
  - C. **Timeouts:** 5 total timeouts per team - 2 in 1<sup>st</sup> half (1<sup>st</sup>, 2<sup>nd</sup>) and 3 in 2<sup>nd</sup> half (3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>)
  - D. **Overtime:** 2 minutes of stopped time with 1 timeout per team.
3. **Fouls:** 5 personal fouls disqualify player from game.
  - A. 5<sup>th</sup> team foul results in 2-FT shots. Team fouls reset each quarter.
4. **Full court press** is allowed for the last 2 minutes of 3<sup>rd</sup> and 5<sup>th</sup> quarter unless team is up by 14 points.
5. **14 Point Mercy Rule (Excludes 5th quarter and playoffs):** Team that is up 14 points will insert their B-Team team until there is a 8-point difference.

## FORT LEE BOYS BASKETBALL LEAGUE – VARSITY DIVISION

All games will be played under High School Rules with the following exceptions:

1. Each team will have six players designated as starters (A-Team) that cannot play in the 2<sup>nd</sup> and 4<sup>th</sup> quarter.
2. **Game Time:** Five 8-minute quarters with stopped time at 2 minutes of the 5<sup>th</sup> quarter.  
**Timeouts:** 5 total timeouts per team - 2 in 1<sup>st</sup> half (1<sup>st</sup>, 2<sup>nd</sup>) and 3 in 2<sup>nd</sup> half (3<sup>rd</sup>, 4<sup>th</sup>, 5<sup>th</sup>)  
**Overtime:** Total of 2 overtimes, each overtime will be 2 minutes with a running clock and 1 timeout per team. If it's still tied after 2 overtimes, then there will be a 2 of 5 free throw shootout.
3. **Fouls:** 5 personal fouls disqualify player from game.  
5<sup>th</sup> team foul results in 2-FT shots. Team fouls reset each quarter.
4. Full court press is always allowed for 1<sup>ST</sup>, 3<sup>RD</sup>, 5<sup>TH</sup> quarters and overtime unless the team is up by 18 points.
5. **18 Point Rule (Excludes 5th quarter and playoffs):** A team that is 18 points ahead will insert their B-Team team until there is a 12-point difference.